

This institution is an equal opportunity provider

April 2021 Academia Cesar Chavez SFSP K-8 In-School Meals & Weekend Bundle Meals

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>Food, but Not Food</b>			In-School 1	In-School 2	Bundle 3	Bundle 4
Lunch	Oatmeal is a popular ingredient in many skin soothing lotions and creams.  Citrus fruits act as natural deodorizer and insect repellent.			Chicken Fried Rice Steamed Mixed Vegetable Fruit of the Day Milk (OVS)	Big Daddy's Cheese Pizza Goldfish Pretzels Steamed Green Beans Fruit of the Day Milk (OVS)	Chicken Patty Sandwich Lemon Blueberry Bites Vegetable/s & Fruit/s Milk (OVS)	Calzone Vegetable/s & Fruit/s Milk (OVS)
Breakfast	Salt and lemon mixture removes rust.			WG Pancakes (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle & Frozen Fruit (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Assorted Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Pop Tart (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week III	Ketchup removes tarnish from brass fixtures.						
	In-School 5	In-School 6	In-School 7	In-School 8	In-School 9	Bundle 10	Bundle 11
Lunch	All Beef Hot Dog WG Bun & Ketchup Cheetos Steamed Sweet Corn Fruit of the Day & Milk (OVS)	Italian Calzone Steamed Green Beans Keebler Animal Crackers Fruit of the Day Milk (OVS)	Old Fashioned Hamburger WG Bun & Ketchup Cheezits Baby Carrots & Dip Fruit of the Day & Milk (OVS)	Mandarin Orange Chicken Steamed Rice Garden Salad & Dressing Fruit of the Day Milk (OVS)	Chicken Corndog Cool Ranch Doritos Chilled 100% Veggie Juice Fruit of the Day Milk (OVS)	Hamburger Chips Vegetable/s & Fruit/s Milk (OVS)	Personal Pan Pizza Vegetable/s & Fruit/s Milk (OVS)
Breakfast	French Toast Sticks (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	WG Pancakes (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Cheesy Pullapart Bread (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Maple Waffle Chicken Sandwich (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Breakfast Pizza (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Mini Waffle Bag (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	BC Cinnamon Roll (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week IV							
	In-School 12	In-School 13	In-School 14	In-School 15	In-School 16	Bundle 17	Bundle 18
Lunch	Cheese Bun Melt Cool Ranch Doritos Baby Carrots & Ranch Fruit of the Day Milk (OVS)	Golden Chicken Patty WG Bun & Ketchup Sun Chips Steamed Green Beans Fruit of the Day & Milk (OVS)	Make Your Own Nachos Cheddar Cheese Cups & Tortilla Chips Cheesy Refried Beans Fruit of the Day Milk (OVS)	Wowbutter & Jelly Jammer Goldfish Pretzels Celery Sticks Fruit of the Day Milk (OVS)	Big Daddy's Cheese Pizza Garden Salad & Dressing Fruit of the Day Keebler Grahams Milk (OVS)	Meatballs Chips Vegetable/s & Fruit/s Milk (OVS)	Chicken Fritters Chips Vegetable/s & Fruit/s Milk (OVS)
Breakfast	WG Pancakes (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Belgian Waffle & Syrup (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Warm Fruit Frudel (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Breakfast Pizza (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	WG Pancakes (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Buttery Maple Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	WG Apple Donut (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week V							
	In-School 19	In-School 20	In-School 21	In-School 22	In-School 23	Bundle 24	Bundle 25
Lunch	Soft Shell Beef Taco WG Tortilla & Cheese Nacho Cheese Doritos Cheesy Refried Beans Fruit of the Day & Milk (OVS)	All Beef Hamburger WG Bun & Ketchup Cheetos Steamed Golden Corn Fruit of the Day & Milk (OVS)	Cheesy Calzone 100% Veg Juice Fruit of the Day Milk (OVS)	Brunch Lunch French Toast Sticks & Syrup Baby Carrots Fruit of the Day Milk (OVS)	Quesadilla Sour Cream PC Crisp Garden salad & Dressing Fruit of the Day Milk (OVS)	Chicken Nuggets Chips Vegetable/s & Fruit/s Milk (OVS)	Hamburger Chips Vegetable/s & Fruit/s Milk (OVS)
Breakfast	Cheesy Pullapart Bread (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	WG Pancakes (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Breakfast Pizza (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Maple Waffle Chicken Sandwich (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	WG Pancakes (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	2 oz Assorted Breakfast Bread (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Cereal Bar (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week VI							
	In-School 26	In-School 27	In-School 28	In-School 29	In-School 30		
Lunch	Juicy Mozzarella Burger WG Bun & Ketchup Cool Ranch Doritos 100% Veggie Juice Fruit of the Day & Milk (OVS)	Chicken Nuggets Ranch Dip Mini Goldfish Crackers Steamed Golden Corn Fruit of the Day & Milk (OVS)	Bean & Cheese Burrito Corn Chips Cheesy Refried Beans Fruit of the Day Milk (OVS)	Wowbutter & Jelly Jammer Baked Cheetos Baby Carrots Fruit of the Day Milk (OVS)	Big Daddy's Cheese Pizza Steamed Green Beans Fruit of the Day Milk (OVS)		
Breakfast	Maple Waffle Chicken Sandwich (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	French Toast Sticks (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle & Frozen Blueberries (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	WG Pancakes (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Breakfast Pizza 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)		
Week I							

Instructions for packing the bundled Meals

\* Second item in breakfast bundle could be anyone of the following: Applesauce, Craisins, Cheese Stick, Cereal Bar or Cereal Bowl (all options are 1 item each)

\*\*\*\*Please Pack Red Print Items for BREAKFAST / LUNCH / SNACK / DINNER in one bag for Refrigeration. Attach Refrigeration Label to Bag.

\*\*\*\*Please Pack All Black Ink Items in one bag (These are all Shelf Stable)

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April 2021 Cesar Chavez Latino Influenced SFSP K-8 Distant Learners' Take Home Bundle Meals

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Food, but Not Food Oatmeal is a popular ingredient in many skin soothing lotions and creams.			Chicken Wings Brown Rice	Chicken Wings Brown Rice	Chicken Wings Brown Rice	Chicken Wings Brown Rice
Veg Lunch Option	Citrus fruits act as natural deodorizer and insect repellent.			Cheese Sandwich on Wheat Bread	Cheesy Pullapart Bread	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel
All Lunches Receive	Salt and lemon mixture removes rust.			Potatoes & Fruit/s Milk (OVS)	Potatoes & Fruit/s Milk (OVS)	Potatoes & Fruit/s Milk (OVS)	Potatoes & Fruit/s Milk (OVS)
Breakfast	Ketchup removes tarnish from brass fixtures.			Assorted Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Assorted Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Assorted Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Assorted Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week III	5	6	7	8	9	10	11
Lunch	Personal Pan Pizza	Personal Pan Pizza	Personal Pan Pizza	Personal Pan Pizza	Personal Pan Pizza	Personal Pan Pizza	Personal Pan Pizza
Veg Lunch Option	Personal Cheese Pan Pizza	Personal Cheese Pan Pizza	Personal Cheese Pan Pizza	Personal Cheese Pan Pizza	Personal Cheese Pan Pizza	Personal Cheese Pan Pizza	Personal Cheese Pan Pizza
All Lunches Receive	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)
Breakfast	Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Waffle (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week IV	12	13	14	15	16	17	18
Lunch	Chicken & Rice Soup Cooked Chicken & Bag of Rice	Chicken & Rice Soup Cooked Chicken & Bag of Rice	Chicken & Rice Soup Cooked Chicken & Bag of Rice	Chicken & Rice Soup Cooked Chicken & Bag of Rice	Chicken & Rice Soup Cooked Chicken & Bag of Rice	Chicken & Rice Soup Cooked Chicken & Bag of Rice	Chicken & Rice Soup Cooked Chicken & Bag of Rice
Veg Lunch Option	Cheese Bun Cool Ranch Doritos	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick Strawberry Boli	Cheese Cup, Corn Chips String Cheese	Cheese Bun Celery & Fruit/s
All Lunches Receive	Celery & Fruit/s Milk (OVS)	Celery & Fruit/s Milk (OVS)	Celery & Fruit/s Milk (OVS)	Celery & Fruit/s Milk (OVS)	Celery & Fruit/s Milk (OVS)	Celery & Fruit/s Milk (OVS)	Celery & Fruit/s Milk (OVS)
Breakfast	Corn Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Corn Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Corn Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Corn Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Corn Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Corn Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Corn Muffin (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week V	19	20	21	22	23	24	25
Lunch	Make Carnitas Shredded Pork & Rice	Make Carnitas Shredded Pork & Rice	Make Carnitas Shredded Pork & Rice	Make Carnitas Shredded Pork & Rice	Make Carnitas Shredded Pork & Rice	Make Carnitas Shredded Pork & Rice	Make Carnitas Shredded Pork & Rice
Veg Lunch Option	Yogurt, Cheese Cubes Stuffed Crm Chz Bagel	Cheese Cup, Corn Chips String Cheese	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Cheesy Pullapart Bread	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel
All Lunches Receive	Onions & Fruit/s Milk (OVS)	Onions & Fruit/s Milk (OVS)	Onions & Fruit/s Milk (OVS)	Onions & Fruit/s Milk (OVS)	Onions & Fruit/s Milk (OVS)	Onions & Fruit/s Milk (OVS)	Onions & Fruit/s Milk (OVS)
Breakfast	Oatmeal (1 wg Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Oatmeal (1 wg Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Oatmeal (1 wg Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Oatmeal (1 wg Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Oatmeal (1 wg Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Oatmeal (1 wg Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	Oatmeal (1 wg Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)
Week VI	26	27	28	29	30		
Lunch	Chicken Leg Brown Rice	Chicken Leg Brown Rice	Chicken Leg Brown Rice	Chicken Leg Brown Rice	Chicken Leg Brown Rice		
Veg Lunch Option	Cheese Bun	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick 2 oz Muffin		
All Lunches Receive	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)	Vegetable/s & Fruit/s Milk (OVS)		
Breakfast	French Toast Sticks (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	French Toast Sticks (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	French Toast Sticks (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	French Toast Sticks (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)	French Toast Sticks (1 Item) 100% 4oz Juice & Second Item * (1 Item each) Milk (OVS)		
Week I							

Instructions for packing the bundled Meals

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