

This institution is an equal opportunity provider

| Menu Info | | | | | |
|---|---------------------------------------|---|---|--|----------------------------------|
| Name : November 2021 Academia Cesar Chavez K-8 Pizza Fridays Lunch Menu | | | | | |
| Age Group : K-8 | | Meal : Lunch | | Meal Pattern : NSLP / SSO | |
| Monday, November 1, 2021 | | Tuesday, November 2, 2021 | | Wednesday, November 3, 2021 | |
| Thursday, November 4, 2021 | | Friday, November 5, 2021 | | | |
| Week IV | Chicken Tender Dunkers w/Ranch | Sweet & Sour Chicken | Pizza Crunchers w/Italian Dip | Mongolian Meatballs | Fresh Hot Delivered Pizza |
| Hot Meal | Goldfish Pretzels | Steamed Rice | Crisp Romaine Salad & Dressing | Brown Rice | Baby Carrots |
| | CKC Baked Beans | Sugar Snap Peas | Fruited Applesauce | Mashed Potatoes | Tropical Fruit Mix |
| | Varietal Crisp Apple | Banana | Choice Milk | Chilled Grapes | Choice Milk |
| | Choice Milk | Choice Milk | | Choice Milk | |
| Monday, November 8, 2021 | | Tuesday, November 9, 2021 | | Wednesday, November 10, 2021 | |
| Thursday, November 11, 2021 | | Friday, November 12, 2021 | | | |
| Week V | Mozzarella Burger | Asian Sesame Chicken Wrap | Creamy Mac & Cheese | Chicken & Waffle | Fresh Hot Delivered Pizza |
| Hot Meal | WG Bakery Bun & Ketchup | WG Tortilla, Breaded Chicken Bites | Fresh Broccoli, Baby Carrots & Dip | Chicken Tenders | Jicama Sticks w/Dip |
| | Sun Chips | Asian Slaw Mix | Tropical Fruit Mix | WG Waffle w/Syrup | Fruited Applesauce |
| | CKC Baked Beans | Baby Carrots & Fortune Cookie | Vanilla Chat Snax | Fresh Sliced Cucumbers | Choice Milk |
| | Crisp Varietal Apple & Choice Milk | Banana & Choice Milk | Choice Milk | Chilled Grapes & Choice Milk | |
| Monday, November 15, 2021 | | Tuesday, November 16, 2021 | | Wednesday, November 17, 2021 | |
| Thursday, November 18, 2021 | | Friday, November 19, 2021 | | | |
| Week VI | Premium Chicken Nuggets | Build Your Own Cheesy Nachos | Classic Hamburger | Chicken Enchilada Rice Bowl | Fresh Hot Delivered Pizza |
| Hot Meal | Ketchup | Warm Cheddar Cheese Sauce, Seasoned Beef w/ Tortilla Chips, Sour Cream & Cilantro | Fresh Bakery Bun & Ketchup | Brown Rice w/ Seasoned Chicken | Corntastic Salad |
| | Pretzel Goldfish & Baby Carrots | Mixed Salad Greens w/Dressing | Creamy Coleslaw | Shred Cheese, Lettuce, CKC Boom Sauce | Fruited Applesauce |
| | Crisp Varietal Apple | Banana | Cool Ranch Doritos | Seasoned Black Beans | Choice Milk |
| | Choice Milk | Choice Milk | Chilled Grapes & Choice Milk | Tropical Fruit Mix & Choice Milk | |
| Monday, November 22, 2021 | | Tuesday, November 23, 2021 | | Wednesday, November 24, 2021 | |
| Thursday, November 25, 2021 | | Friday, November 26, 2021 | | | |
| Week I | Crispy Louisiana Chicken Bun | All Beef Hot Dog | Chicken Biryani w/Yogurt Sauce | Burrito Bowl | Fresh Hot Delivered Pizza |
| Hot Meal | WG Bun, Pickle Rounds | WG Bun & Ketchup | Crisp Mixed Greens Salad & Dressing | Brown Rice topped w/Seasoned Beef | Sliced Cucumbers w/Ranch |
| | w/ CKC New Orleans Sauce | Crunchy Cheetos | Fruited Applesauce | Shred Cheese, Lettuce & CKC Youza Sauce | Fresh Citrus Fruit |
| | Corntastic Salad & Carrot Slims | Grape Tomatoes | Lemon Blueberry Crisps | Chilled Black Beans | Choice Milk |
| | Crisp Varietal Apple & Choice Milk | Banana & Choice Milk | Choice Milk | Grapes & Choice Milk | |
| Monday, November 29, 2021 | | Tuesday, November 30, 2021 | | CKC Chef Spotlight - Chef Brandon (Kitchen Manager, CKC) | |
| Week II | Golden Corn Dog w/ Ketchup | Yahya! Boneless Chicken Wings | A Family that dines together, stays together | | |
| Hot Meal | Goldfish Pretzels | Honey Mustard | <i>Any recipe is a great recipe when it becomes a family favorite. And when it is comforting, flavorful and of lip-smacking taste, it elevates the cooking and dining experience to another level. This Stew recipe is one such for my family. This recipe is fondly tied to my memories, as my sons enjoyed having it so often when they were young.</i> | | |
| | CKC Baked Beans | Mild Buffalo Dressed Crisp Broccoli | <i>With an awesome baker (my wife) in the house, I am the one who holds the position of chef. My amazing oven and I make an awesome team. Together, we never cease to excite the taste buds of my family.</i> | | |
| | Crisp Varietal Apple | Vanilla Chat Snax | - Brandon | | |
| | Choice Milk | Banana & Choice Milk | Brandon's "North African Chicken Stew" recipe suggestion is on Page 2 | | |

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

North African Chicken Stew (Chef Brandon's Recipe)

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| Ingredients | 4 Servings | Method: - Bring the 1.5 cups chicken broth to a boil in a medium size sauce pan over high heat. Stir in the couscous, 1 tsp salt and pepper to taste. Cover and set aside while you make the stew. - Heat the oil and butter in a Dutch oven. Season the chicken with the remaining salt, cumin, paprika and pepper to taste; add to the pot. - Cook until browned all over, stirring occasionally for about 5 mins. Add the sliced carrots, onion, 1 2/3 cup chicken broth, vinegar, lemon zest, bring to boil. - Adjust the heat to maintain a brisk simmer, cover and cook just until the chicken is firm to the touch and the carrots are tender, about 8 minutes. - Stir the pesto into the stew. Fluff the couscous with a fork and mound it in 4 soup bowls. Spoon some chicken stew over each portion and serve. |
| - Chicken Broth - 1.5 Cups - Uncooked Couscous - 1 Cup - Boneless, skinless chicken thighs quartered - 6 - Ground Cumin - 1 Tsp - Paprika, preferably Spanish pimenton - 1 Tsp - Carrots, sliced 1/4th inch thick - 2 - Small red onion, halved and sliced - 1 | - Kosher salt - 4 Tsp - Freshly ground black pepper - to taste - Unsalted Butter - 1 Tbsp - Vegetable oil - 1 Tbsp - Chicken Broth - 1 2/3 Cups - Grated lemon zest - Apple cider vinegar - 1/4 Cup - Tunisian Pesto - 1/3rd cup | |

Menu Info December 2021 Menu (Subject to Change)

| | | Wednesday, December 1, 2021 | Thursday, December 2, 2021 | Friday, December 3, 2021 | | |
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| Week II | | Meatball Sub w/Mozzarella | Taco Rice Bowl | Fresh Hot Delivered Pizza | | |
| Hot Meal | | Ranchero Corn Salad | Brown Rice topped w/Seasoned Beef | Baby Carrots & Ranch | | |
| | | Mixed Berry Animal Crackers | Shredded Cheese & Cilantro & Cholula PC | Fresh Citrus Fruit | | |
| | | Chilled Grapes | Crisp Salad & Dressing | Choice Milk | | |
| | | Choice Milk | Tropical Fruit Mix & Choice Milk | | | |
| | | Monday, December 6, 2021 | Tuesday, December 7, 2021 | Wednesday, December 8, 2021 | Thursday, December 9, 2021 | Friday, December 10, 2021 |
| Week III | Chicken Fritter Wrap w/ Youza Sauce | Good Ole Fashioned Hamburger | Mandarin Orange Chicken | Cheesy Lasagna Roll | Fresh Hot Delivered Pizza | |
| Hot Meal | WG Tortilla & Golden Chix Fritters w/ Shred Chz, Lettuce, Chopped Cilantro & CKC Youza Sauce | w/ Pickle Rounds & Ketchup | Steamed Brown Rice | Mixed Spinach Salad & Dressing | Corneriffica Salad | |
| | Creamy Refried Bean Salsa Dip | Carrots w/Ranch | Celery & Ranch | Tropical Fruit Mix | Applesauce Cup | |
| | Crisp Varietal Apple | WG Cool Ranch Doritos | Chilled Grapes | Elf Grahams | Choice Milk | |
| | Choice Milk | Banana & Choice Milk | Choice Milk | Choice Milk | | |

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