

Menu Info					
Name : January 2022 Academia Cesar Chavez K-8 Pizza Fridays Lunch Menu					
Age Group : K-8		Meal : Lunch		Meal Pattern : NSLP / SSO	
Monday, January 3, 2022		Tuesday, January 4, 2022		Wednesday, January 5, 2022	
Thursday, January 6, 2022		Friday, January 7, 2022			
Week I	Crispy Louisiana Chicken Bun	All Beef Hot Dog	Chicken Biryani w/Yogurt Sauce	Burrito Bowl	Fresh Hot Delivered Pizza
Hot Meal	WG Bun, Pickle Rounds	WG Bun & Ketchup	Crisp Mixed Greens Salad & Dressing	Brown Rice topped w/Seasoned Beef	Sliced Cucumbers w/Ranch
	w/ CKC New Orleans Sauce	Crunchy Cheetos	Fruited Applesauce	Shred Cheese, Lettuce & CKC Youza Sauce	Fresh Citrus Fruit
	Corntastic Salad & Carrot Slims	Grape Tomatoes	Lemon Blueberry Crisps	Chilled Black Beans	Choice Milk
	Crisp Varietal Apple & Choice Milk	Banana & Choice Milk	Choice Milk	Grapes & Choice Milk	
Monday, January 10, 2022		Tuesday, January 11, 2022		Wednesday, January 12, 2022	
Thursday, January 13, 2022		Friday, January 14, 2022			
Week II	Golden Corn Dog w/ Ketchup	Yahya! Boneless Chicken Wings	Meatball Sub w/Mozzarella	Taco Rice Bowl	Fresh Hot Delivered Pizza
Hot Meal	Goldfish Pretzels	Honey Mustard	Ranchero Corn Salad	Brown Rice topped w/Seasoned Beef	Baby Carrots & Ranch
	CKC Baked Beans	Mild Buffalo Dressed Crisp Broccoli	Mixed Berry Animal Crackers	Shredded Cheese & Cilantro & Cholula PC	Fresh Citrus Fruit
	Crisp Varietal Apple	Bug Bites Grahams	Chilled Grapes	Crisp Salad & Dressing	Choice Milk
	Choice Milk	Banana & Choice Milk	Choice Milk	Tropical Fruit Mix & Choice Milk	
Monday, January 17, 2022		Tuesday, January 18, 2022		Wednesday, January 19, 2022	
Thursday, January 20, 2022		Friday, January 21, 2022			
Week III	Chicken Fritter Wrap w/ Youza Sauce	Good Ole Fashioned Hamburger	Mandarin Orange Chicken	Cheesy Lasagna Roll	Fresh Hot Delivered Pizza
Hot Meal	WG Tortilla & Golden Chix Fritters w/ Shred Chz, Lettuce, Chopped Cilantro & CKC Youza Sauce	w/ Pickle Rounds & Ketchup	Steamed Brown Rice	Mixed Spinach Salad & Dressing	Corneriffica Salad
	Creamy Refried Bean Salsa Dip	Carrots w/Ranch	Celery & Ranch	Tropical Fruit Mix	Applesauce Cup
	Crisp Varietal Apple	WG Cool Ranch Doritos	Chilled Grapes	Elf Grahams	Choice Milk
	Choice Milk	Banana & Choice Milk	Choice Milk	Choice Milk	
Monday, January 24, 2022		Tuesday, January 25, 2022		Wednesday, January 26, 2022	
Thursday, January 27, 2022		Friday, January 28, 2022			
Week IV	Chicken Tender Dunkers w/Ranch	Sweet & Sour Chicken	Cheese Bosco Sticks w/ Marinara Sauce	Mongolian Meatballs	Fresh Hot Delivered Pizza
Hot Meal	Goldfish Pretzels	Steamed Rice	Crisp Romaine Salad & Dressing	Dinner Roll	Baby Carrots
	CKC Baked Beans	Sugar Snap Peas	Fruited Applesauce	Mashed Potatoes	Tropical Fruit Mix
	Varietal Crisp Apple	Banana	Choice Milk	Chilled Grapes	Choice Milk
	Choice Milk	Choice Milk		Choice Milk	
Monday, January 31, 2022					
Chef Spotlight - Joel Wight (Offsite Kitchen Manager, CKC)					
Week V	Mozzarella Burger	Food & Tradition Go Hand-in-Hand			
Hot Meal	WG Bakery Bun & Ketchup	Lefse is a traditional Norwegian flatbread, which is a relatively easy recipe. If you can make mashed potatoes, you can also make Lefse! Lefse is a traditional dish, and when it comes to my family, we make it every holiday season. Thanksgiving, Christmas, no matter the occasion is, Lefse is made in our family. Lefse, however, wouldn't be complete without Grandma in Montana. Now a days 20 lbs is the limit, but I've heard stories of whole weekend adventures! One can only imagine how many pounds of potatoes that might need. We laugh, we sing, and drink mountains of tea and coffee! Gorging till we can no longer move, we feast off lefse for months to come as it also freezes great!			
	Sun Chips	Lefse can be served with fruit or used to make burritos and even tacos! Our family favorite, however, is butter with cinnamon and sugar! The best part about making lefse, though, is making a mess, the fun flour fights, and just being with friends and family. So from our family to yours, enjoy this easy to make, and ever so hard to quit eating tradition! Enjoy!			
	CKC Baked Beans	-Joel			
	Crisp Varietal Apple & Choice Milk	Chef Joel's Recipe for Lefse is on Page 2.			

Lefse (Chef Joel's Recipe)

<p>Ingredients:</p> <ul style="list-style-type: none"> • 3 Cups Water • 1/2 Cups milk • 1/2 Cups butter • 1 Tbsp sugar • 3 teaspoons salt • 1/2 Cups potato flakes • 2-3 Cups flour <p>Makes 12 - 16 Lefse</p>	<p>Steps:</p> <ol style="list-style-type: none"> 1. In a large pot bring water to boil. Add milk, butter, sugar and salt. 2. When this comes to a boil, add potato flakes and stir until smooth. Pour the mixture into a large bowl and refrigerate. 3. When ready to make, take 2 cups of mixture at a time. Add 1 to 1 1/2 cups of flour, mix in until workable dough. 4. Flour your surface, roll dough as thin as possible. Cut into 6-8 inch circles using a pan lid and transfer to a griddle or a Lefse Grill, cook and enjoy! <p>This is our instant mashed potato recipe, if using real potatoes (my favorite) just make them like mashed potatoes and don't forget the sugar!</p>
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February 2022 Menu (Subject to Change)

Menu Info		Tuesday, February 1, 2022	Wednesday, February 2, 2022	Thursday, February 3, 2022	Friday, February 4, 2022	
Week V		Asian Sesame Chicken Wrap	Creamy Mac & Cheese	Chicken & Waffle	Fresh Hot Delivered Pizza	
Hot Meal		WG Tortilla, Breaded Chicken Bites Asian Slaw Mix Baby Carrots & Fortune Cookie Banana & Choice Milk	Fresh Broccoli, Baby Carrots & Dip Tropical Fruit Mix Granola Crackers Choice Milk	Chicken Tenders WG Waffle w/Syrup Fresh Sliced Cucumbers Chilled Grapes & Choice Milk	Jicama Sticks w/Dip Fruited Applesauce Choice Milk	
Menu Info		Monday, February 7, 2022	Tuesday, February 8, 2022	Wednesday, February 9, 2022	Thursday, February 10, 2022	Friday, February 11, 2022
Week VI		Premium Chicken Nuggets	Build Your Own Cheesy Nachos	Classic Hamburger	Chicken Enchilada Rice Bowl	Fresh Hot Delivered Pizza
Hot Meal		Ketchup Pretzel Goldfish & Baby Carrots Crisp Varietal Apple Choice Milk	Warm Cheddar Cheese Sauce, Seasoned Beef w/ Tortilla Chips, Sour Cream & Cilantro Mixed Salad Greens w/Dressing Banana Choice Milk	Fresh Bakery Bun & Ketchup Creamy Coleslaw Cool Ranch Doritos Chilled Grapes & Choice Milk	Brown Rice w/ Seasoned Chicken Shred Cheese, Lettuce, CKC Boom Sauce Seasoned Black Beans Tropical Fruit Mix & Choice Milk	Corntastic Salad Fruited Applesauce Choice Milk

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.