

Menu Info		Name : May 2022 Cesar Chavez K-8 Hot & Cold Breakfast Menu					
		Age Group : PreK-8		Meal : Breakfast		Meal Pattern : NSLP / SSO	
		Monday, May 2, 2022	Tuesday, May 3, 2022	Wednesday, May 4, 2022	Thursday, May 5, 2022	Friday, May 6, 2022	
Week VI		<b>Sliced Variety Bagels (2 items)</b>	<b>Hot Breakfast</b>	<b>Handmade Strawberry Boli (2 items)</b>	<b>Hot Breakfast</b>	<b>Hot Breakfast</b>	
Breakfast		w/ Non Dairy Spread (Shelf Stable) & Fruit Jelly Pack	<b>Maple Waffle Chicken Sandwich (2 items)</b>		<b>Cheesy Twisted Breadstick (2 items)</b>	<b>Waffles &amp; Syrup (2 items)</b>	
Three items meet USDA Requirements (One item must be fruit)		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	
<i>Chef's Choice May be Offered Daily</i>							
		Monday, May 9, 2022	Tuesday, May 10, 2022	Wednesday, May 11, 2022	Thursday, May 12, 2022	Friday, May 13, 2022	
Week I		<b>Apple Soft Filled Oatmeal Cereal Bar (2 items)</b>	<b>Hot Breakfast</b>	<b>Large Breakfast Bread (2 items)</b>	<b>Hot Breakfast</b>	<b>Hot Breakfast</b>	
Breakfast			<b>Turkey Egg Cheese Burrito (2 Items)</b>		<b>Nacho Cheese Boli (2 items)</b>	<b>Pancakes &amp; Syrup (2 items)</b>	
Three items meet USDA Requirements (One item must be fruit)		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	
<i>Chef's Choice May be Offered Daily</i>							
		Monday, May 16, 2022	Tuesday, May 17, 2022	Wednesday, May 18, 2022	Thursday, May 19, 2022	Friday, May 20, 2022	
Week II		<b>Chocolate Donut (2 items)</b>	<b>Hot Breakfast</b>	<b>WG Glazed honey Bun (2 items)</b>	<b>Hot Breakfast</b>	<b>Hot Breakfast</b>	
Breakfast			<b>Maple Waffle Chicken Sandwich (2 Items)</b>		<b>Turkey Egg Cheese Big Bite (2 Items)</b>	<b>Tasty Twist Breakfast Cheesebread (2 items)</b>	
Three items meet USDA Requirements (One item must be fruit)		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	
<i>Chef's Choice May be Offered Daily</i>							
		Monday, May 23, 2022	Tuesday, May 24, 2022	Wednesday, May 25, 2022	Thursday, May 26, 2022	Friday, May 27, 2022	
Week III		<b>Large Assorted Brekkie (2 items)</b>	<b>Hot Breakfast</b>	<b>Mini Cinnamon Rolls (2 items)</b>	<b>Hot Breakfast</b>	<b>Hot Breakfast</b>	
Breakfast			<b>Mini Pizza Bagels(2 items)</b>		<b>Nacho Cheese Boli (2 items)</b>	<b>French Toast Sticks &amp; Syrup (2 items)</b>	
Three items meet USDA Requirements (One item must be fruit)		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
		Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	
<i>Chef's Choice May be Offered Daily</i>							
		Monday, May 30, 2022	Tuesday, May 31, 2022	Chef Spotlight - Steve Fleming (Inventory Analyst)			
Week IV		<b>Sliced Variety Bagels (2 items)</b>	<b>Hot Breakfast</b>	<p style="text-align: center;"><b>Another Pi(e) that goes on and forever</b></p> <p>Recently when thinking about buying a pie for holidays, I recalled a pie, that my dad had made when I was a kid, which I hadn't seen since moving to Minnesota 25 years ago. After calling around - and getting a few laughs and comical remarks - I discovered no one had even heard of such a pie at the half-dozen local bakeries I called. I also read this dessert was a favorite of Johnny Cash and decided if it was good enough for the "The Man In Black", then I'd just make my own! I don't recall ever baking a pie before myself, but this recipe was even easy enough for me. This recipe only takes 5, 6, or 7 ingredients, depending on what options you pick. (Note: While this isn't an exact copy, this is pretty close to the online recipes of the "Johnny Cash's Mom's" version.) -Steve</p>			
Breakfast		w/ Non Dairy Spread (Shelf Stable) & Fruit Jelly Pack	<b>Turkey Egg Cheese Burrito (2 items)</b>				
Three items meet USDA Requirements (One item must be fruit)		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)				
		Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)				
<i>Chef's Choice May be Offered Daily</i>				Chef Steve Fleming's 'Easy Pineapple Pie' is on Page 2			

\*Skim and 1% milk choices offered daily.  
\*All Bread/Chips/Tortillas listed in the menu are whole-grain products.

**Easy Pineapple Pie (Chef Steve's Recipe)**

Ingredients:	Steps:
<p>* <b>9-inch pie crust</b> (home-made, store-bought or graham Cracker)</p> <p>* <b>20 oz (or 2 1/4 cups) canned crushed pineapple in pineapple juice</b> (include juice when preparing)</p> <p>* <b>8 oz regular cream cheese</b> (This was listed as an Optional ingredient, so I decided to use it)</p> <p>* <b>1/2 cup unrefined sugar</b></p> <p>* <b>1/4 tsp salt</b></p> <p>* <b>4 tbsp cornstarch</b></p> <p>* <b>1/2 cup shredded coconut</b> (Another optional ingredient, to add a layer of flavor and texture)</p>	<ol style="list-style-type: none"> <li>1. If it's not already, place an oven rack in the center of your oven, and preheat to 350 F.</li> <li>2. While preheating, set pie crust aside, and stir all pie filling ingredients together.</li> <li>3. Slowly pour pie filling into crust, and smooth it around to the edges.</li> <li>4. When oven is ready at 350 F, put pie in center of the tray and bake for 35 minutes.</li> <li>5. After removing from oven, cool pie about 20-30 minutes (filling should thicken a bit).</li> <li>6. After cooling, slice &amp; serve pie. Or you can also... Serve with Cool Whip or ice cream (vanilla bean or coconut work great), if desired.</li> <li>7. (If it's not all gone...) a covered and refrigerated pie will stay fresh about 4-days, or freeze immediately to enjoy beyond that timeframe</li> </ol>

**Menu Info June 2022 Menu (Subject to Change)**

		Wednesday, June 1, 2022	Thursday, June 2, 2022	Friday, June 3, 2022
<b>Week IV</b>		<b>Large Breakfast Bread (2 items)</b>	<b>Hot Breakfast</b>	<b>Hot Breakfast</b>
<b>Breakfast</b>			<b>Maple Waffle Chicken Sandwich (2 items)</b>	<b>Cheesy Breakfast Bread (2 items)</b>
Three items meet USDA Requirements (One item must be fruit)		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
		Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)
<b>Chef's Choice May be Offered Daily</b>				

		Monday, June 6, 2022	Tuesday, June 7, 2022	Wednesday, June 8, 2022	Thursday, June 9, 2022	Friday, June 10, 2022
<b>Week V</b>	<b>Chocolate Chip Muffin (2 items)</b>		<b>Hot Breakfast</b>	<b>Apple Filled Donut(2 Items)</b>	<b>Hot Breakfast</b>	<b>Hot Breakfast</b>
<b>Breakfast</b>			<b>Mini Breakfast Bagels (2 items)</b>		<b>Turkey Egg Cheese Big Bite (2 items)</b>	<b>French Toast Sticks &amp; Syrup (2 items)</b>
Three items meet USDA Requirements (One item must be fruit)		100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)
		Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)	Choice Milk & Second Fruit OVS (1 item each)
<b>Chef's Choice May be Offered Daily</b>						

\*Skim and 1% milk choices offered daily.  
\*All Bread/Chips/Tortillas listed in the menu are whole-grain products.